

2023-2024 NIPPERS



MAROOCHYDORE
SURF LIFE SAVING CLUB

FUN
FAMILY
FRIENDS

JUNIOR ACTIVITIES - POSITIONS

Name	Position
Jay Whatley	Director of Junior Activities
Ben Ray	Deputy Director of JA
Katherine Latham	Parent Liaison & Secretary
Nathan Lee	JA Finance Officer
VACANT	JA Awards Training Officer
Clint Irwin	JA Skill Coaching Co-ordinator
Wayne Ingram	Life Member Rep
Wayne Spindler	JA Gear Steward
Jarrold Novosel	JA Team Manager
Sandy Cooper	JA Team Manager Assistant
Majella Purcell	JA Team Manager Assistant
VACANT	Officials Co-ordinator
Paul Wilcox	Water Safety Officer
Clint Irwin	Board Skills Coach
Nathan McGrath	Board Skills Coach - Redcliffe
Todd McSwan	Beach Skills Coach
Steven Short	Water Skills Coach
VACANT	Marchpast Coach
VACANT	Marchpast Assistant
Emily Saunders	Uniform Steward
Robyn Draper	Canteen Co-ordinator
Lauren Timmins	Canteen Assistant
VACANT	Fundraising
David Shearer	Photographer
VACANT	Photographer

AGE MANAGERS

	Name	Position	Phone
AGE GROUP CAP COLOURS	Fiona Meredith	U6 Age Manager	0416 519 099
	Dan Draper	U6 Assistant Age Manager	0413 120 361
	Evita Camilleri	U6 Assistant Age Manager	0401 411 511
	Peter Atkinson	U7 Age Manager	0477 342 744
	Michael Hudson	U7 Assistant Age Manager	0416 532 929
	Earl Hicks	U8 Age Manager	0422 749 815
	Michael Buck	U8 Assistant Age Manager	0401 676 118
	Majella Purcell	U9 Age Manager	0402 549 381
	Zac Clissold	U9 Assistant Age Manager	0456 599 713
	Paul Wilcox	U10 Age Manager	0407 942 198
	Sage Greig	U10 Assistant Age Manager	0423 619 961
	Jace Dunn	U11 Age Manager	0423 618 269
	Stu Fairgrieve	U12 Age Manager	0408 724 934
	Karl Latham	U12 Assistant Age Manager	0404 340 686
	Shannon Greig	U12 Assistant Age Manager	0421 257 800
	Nathan Lee	U13 Age Manager	0412 823 252
	Luke Short	U13 Assistant Age Manager	0419 791 202
	Scott Smith	U14 Age Manager Cadet	0478 513 969
	Amy Novosel	U14 Assistant Age Manager Cadet	0411 838 012
	Morgan Williams	U15 Age Manager Cadet	0423 372 682
	U15 Assistant Age Manager Cadet		

WELCOME ALL NIPPERS AND FAMILIES TO THE BLACKSWAN!!

First Day of Nippers : Sunday September 17th. (See Nipper Calendar for an overview of the season)

Nipper Days : Sundays from **7.50 am–10.30am** (Depending on age group). Meet on the beach in front of the Club under age group flag.

SIGN UP

You can sign up from July 1st 2023 through to October 31st 2023.

No applications will be taken outside of this time as per Nipper Policy

MEMBERSHIP FEES

First Child and 1 Parent	\$290
Two Children and 1 Parent	\$350
Three Children and 1 Parent	\$400
First Child and 2 Parents	\$330
Two Children and 2 Parents	\$390
Three Children and 2 Parents	\$440
Each additional Child	\$55

Maroochy Nippers Membership includes:

- Sunday nipper program
- Use of club facilities, nipper boards, and equipment during nippers and allocated training sessions
- Comprehensive training program with our professional coaching team

Amenities

Junior Activities have dedicated bathroom and shower facilities at the northern end of the downstairs Club area. Please help keep the area clean.

Mandatory Safety Apparel

1. Hi Vis Pink Rash Top
2. Age Cap

- * **These must be worn at all times during Nipper activities. Nippers will not be able to participate without these items.**
- * **You can purchase the items at the Lifesaving Office during the week.**
- * **It is highly recommend that your child wears a long sleeve rashie under the hi vis tank and a hat under their age cap when they are not in the water, plus zinc and sunscreen.**

NIPPER SUNDAY TIME BREAKDOWN

7:00 – 7:50: Set up

7:50 am: Sign on

Meet Beach side. Age Groups areas are marked with labelled flags.

Be ready wearing togs, nipper cap, pink rash shirt, sunscreen. (See check list at the back of this book for what to bring)

8:00am: Nippers starts

It is a requirement of Maroochydore SLSC that parents stay on the beach at all times with their child's age group. In the case of siblings, please advise age manager/s where you are in case of emergency.

However in regard to our Green Cap program we require a parent/guardian to be in attendance at all times.

At the conclusion of activities children must be collected by their parent or guardian.

During the season we may conduct nippers in the Maroochy River, usually due to rough surf conditions. This will be advised at sign on.

WHAT AGE GROUP WILL YOUR CHILD BE IN?

The below table indicates the birth year/month and relative age group for member. Nippers must stick to their age group, no exceptions eg: friend in an older age group.

AGE GROUP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP
U6	2017	2017	2017	2018	2018	2018	2018	2018	2018	2018	2018	2018
U7	2016	2016	2016	2017	2017	2017	2017	2017	2017	2017	2017	2017
U8	2015	2015	2015	2016	2016	2016	2016	2016	2016	2016	2016	2016
U9	2014	2014	2014	2015	2015	2015	2015	2015	2015	2015	2015	2015
U10	2013	2013	2013	2014	2014	2014	2014	2014	2014	2014	2014	2014
U11	2012	2012	2012	2013	2013	2013	2013	2013	2013	2013	2013	2013
U12	2011	2011	2011	2012	2012	2012	2012	2012	2012	2012	2012	2012
U13	2010	2010	2010	2011	2011	2011	2011	2011	2011	2011	2011	2011
U14	2009	2009	2009	2010	2010	2010	2010	2010	2010	2010	2010	2010
U15	2008	2008	2008	2009	2009	2009	2009	2009	2009	2009	2009	2009

Swimwear Info for the 2023-2024 season

The official colour for Maroochydore SLSC swimwear is black.

For any other questions in regards to swimwear contact the Uniform Steward.

The office has very limited amounts of swimwear currently available.

NIPPER BOARDS & EQUIPMENT GUIDE LINES

Junior Activities has a range of boards suitable for all levels of expertise.

- Foam Boards are for U6-U10's
- Fibreglass boards are for U11-U13's
- Full size fibreglass Malibu Boards are for Under 14's only

All nippers can use club boards for training.

Nipper Board Hire - Our Gear steward from time to time will make select good condition boards available for hire for the season. Please email the office or see your age manager for more details.

CLUB BOARDS CARE AND RESPONSIBILITIES

All boards must be washed after every use with fresh water.

All boards need to be kept out of direct sunlight (to avoid delaminating).

No sitting on boards while they are on the sand.

COMMUNICATIONS

Maroochydore Nippers Facebook group—request to join via <https://www.facebook.com/groups/1617272228545890/>

Team App-If your child is participating in any club-based training or attending carnivals, you need to be on Team App to receive important information.

To join Team App;

Go into your phone's App Store, Download the App (team app),

Search Maroochydore Junior Activities, Fill in the required information fields

Important – Once you have joined, you need to make sure your notifications for the App are turned on.

Once on Team App you will be able to view;

Coaching messages, Squad Schedule, Training venue changes

Junior Preliminary Pool Evaluation

Age Group	Flotation	Submersion	Propulsion
Under 6	Back or front float for a minimum of 5 seconds and recover to stand.	Submerge to touch the bottom with hands.	From standing position in waist deep water, perform a front glide (1-2 metres) & recover to stand.
Under 7	Back or front float for a minimum of 10 seconds and recover to stand.		From standing position in waist deep water, perform a front glide (2-3 metres) & recover to stand.
Under 8	Back or front float for a minimum of 15 seconds, recover to stand.		Swim on front any stroke (distance 20 metres) followed by a swim underwater (distance 2-3 metres)
Under 9	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for a minimum of 1 minute.	Submerge to touch the bottom with hands.	Swim in front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 10 metres.
Under 10			Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 25 metres.
Under 11	Front to back float or back to front float, 5 seconds each side. Tread water and/or any stroke sculling for minimum 2 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 50 metres.
Under 12	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Swim on front any stroke for 75 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.
Under 13			Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.
Under 14		Submerge to perform forward or backward roll/somersault underwater, do not recover to surface, submerge to touch the bottom with hands.	Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 100 metres.

Beach Competition Evaluation

AGE GROUP	COMPETITION EVALUATION
U6	NA - (No Competition)
U7	NA - (No Competition)
U8	25m-25m-25m (Run-Wade-Run)
U9	Minimum 150m open water swim (competition course distance as per competition manual)
U10	Minimum 150m open water swim (competition course distance as per competition manual)
U11	Minimum 288m open water swim (competition course distance as per competition manual)
U12	Minimum 288m open water swim (competition course distance as per competition manual)
U13	Minimum 288m open water swim (competition course distance as per competition manual)
U14 (SRC)	Minimum 288m open water swim (competition course distance as per competition manual)



QUEENSLAND

CODE OF CONDUCT FOR MEMBERS

Members and all people involved in any way with SLS will:

- a) Respect the rights, dignity and worth of others—treat others as you would like to be treated yourself
- b) Be ethical, considerate, fair, courteous and honest in all dealings with other people and organisations
- c) Be professional in, and accept responsibility for your actions
- d) Be aware of and follow—at all times—SLS' standards, rules, policies and procedures and promote those standards, rules, policies and procedures to others
- e) Operate within the rules and spirit of the sport, including the national and international guidelines that govern SLS
- f) Understand the possible consequences of breaching the codes and/or this policy
- g) Report any breaches of the codes or this policy to the appropriate PPA
- h) Refrain from any form of abuse, harassment, discrimination and victimisation towards others
- i) Raise concerns regarding decisions of PPA through the appropriate channels and in a timely manner
- j) Provide a safe environment for the conduct of activities in accordance with any relevant SLSA policy
- k) Show concern, empathy and caution towards others that may be sick or injured
- l) Be a positive role model to all
- m) Respect and protect confidential information obtained through SLS activities or services; whether individuals and/or organisational information
- n) Maintain the required standard of accreditation and/or licensing of professional competencies, as applicable to the role(s)
- o) Ensure that any physical contact with others is appropriate to the situation and necessary for the person's skill development
- p) Refrain from intimate relations with persons over whom you have a position of authority
- q) Agree to abide by the codes
- r) Maintain a duty of care towards others
- s) Be impartial and accept the responsibility for all actions taken

Person in Position of Authority (PPA):

PPA include everyone who holds a position of authority in SLS, whether paid or unpaid, and includes, but is not limited to, all SLS Entity Individual Members. For the avoidance of doubt, PPA also includes Child or Young Person (CYP) who may hold a position of authority in SLS over other CYP.

Nipper Sunday Checklist

- Hi-Vis Pink Rash Top
- Age Cap
- Swimwear
- Sunscreen/Zinc
- Water Bottle
- Towel
- Sun safe Hat
- Dry Clothes



Meet on the beach at your age group's flag



Our sponsored Hi Vis Rash Tops for this season



Thank you to our major sponsor

CENTURY 21.®

On Duporth

Junior Activities Competition Policy

Throughout the season Maroochydore is invited to attend surf carnivals on beaches on the Sunshine Coast and at times Gold Coast. These carnivals are run by SLSQ, Sunshine Coast Branch and Maroochydore actively supports these carnivals and encourages its members to attend to fine tune the skills learnt on our beach against other surf clubs. These carnivals are aimed at accommodating children aged u8 to u15.

These carnivals are designed as follows:

U8—U10 Participation focused.

U11—U13 Competition. These competitors are introduced to competing towards Branch and State Titles (u13 now compete at Australian Titles)

U14—U15 (sometimes referred to as Cadets) Full competition with a focus on representing Maroochydore at Branch, State and Australian Titles in both individual and team disciplines.

Competition Policy

To facilitate transparent selections of Teams to represent Maroochydore SLSC all Teams are selected by a panel of Selectors with input provided by Coaches and Age Managers. The selection policy is formulated to complement that of the open competitors to ensure continuity as athletes progress through age group to open competition. Each season Junior Activities Committee circulate selection carnivals so that all competitors and parents are clear on what carnivals they should attend if they wish to be considered for selection in a Team to represent Maroochydore.

Team Selection Guidelines 2023-24 Season

(to be read in conjunction with club by-law 13)

Maroochydore SLSC selectors for 2023-24 are Jarrod Novosel (Team Manager) and Clint Irwin (Selection Chair) with Coach's and Age Managers as advisors. In the event of a tied decision the Director of Junior Activities will make the selection. Where a conflict arises the selector, coach and age manager will excuse themselves from the discussion and selection process.

In the U11—U15 age groups the selectors will choose available athletes from their respective age group before considering athletes from a younger age group. The exception is at Australian Titles where the best available athletes will be selected.

In order to be considered for selection at Aussies in U15 teams, U14's will need to race in the U15 age group at the selection carnivals in red writing.

Should the majority of Selection Carnivals be cancelled or not all events contested then results from club championships may be considered by the Selectors.

Board rescue—Given these events are not contested at carnivals prior to State Titles, Age Managers will make best efforts to introduce and practice the required techniques with different combinations prior to selection meetings. The Selectors will consider this advice when selecting combinations.

To be considered for selection in a Team an athlete must: meet the following minimum criteria:

1. Be a member of Maroochydore SLSC and completed the competition skills maintenance standards
2. Make best efforts to attend all Sunday nipper sessions
3. Compete at Selection Carnivals

Should a parent wish to contest/protest a selection or non selection then the following process must be followed:

1. Parent to provide a written objection with detailed reasoning submitted as a matter of urgency to lifesaving@maroochysurf.com.au
2. Selection Ombudsman (Paul O'Brien) will contact the parent to discuss their email and reasons. Should the parent after finalising this step still wish to contest and or protest a selection their matter will be handled by the Senior Club Selectors.
3. Senior Club Selectors (chaired by Director Surf Sports) will make the final decision on the protest/contest.

Water Selection Carnivals U11 – 14

October 21st Rainbow Rainbow U11-15

November 4th & 5th Century 21 Maroochydore U11-14

February 3rd Gold Coast Bilinga U11 -13

February 23-25th Branch Mooloolaba U11-15

March 21-24th Junior State Burleigh Heads U11-U15

Water Selection Carnivals U14s wanting to be selected in U15 teams at Aussies

October 28th Oceans 38 Rd 1 TBA U14/15

November 18th Oceans 38 Rd 2 TBA U14/15

December 2nd SoS Alex U14/15

January 28th Murphy's Maroochydore U14/15

March 1st SoS Northcliffe U14/15

Beach Selection Carnivals

5 November Century 21 on Duporth at Maroochydore

Saturday 9th December Beach Series RD 2 Mooloolaba

Saturday 6th January 2023 Beach Series RD 3 Kurrawa

February 23-25th U11-15 Branch Mooloolaba

March 21st - 24th State Youth Championships Burleigh Heads

Specific Beach Teams selection guidelines

The underlying principle in the selection process is to select teams that will be successful and maximise points for Maroochydore at Branch, State and Australian Championships.

Selectors will take into account results at all club endorsed selection carnivals. Selectors will take into account attendance at pre advertised Maroochydore mini carnivals and pre advertised dedicated beach relay sessions. Carnivals after Christmas and at larger carnivals may be more heavily weighted.

Coaches and Age Managers are invited to advise and make recommendations to the selectors for their consideration when forming teams.

Age Champ Criteria

U8-U10:

- attendance of at least 50% of nipper sundays
- summation of points at the club champs (ie points will be awarded for the top 6 places; 1st =6 points, 2nd= 5 pts , to 6th=1pt.

U11-U14:

- attendance of at least 50% of nipper sundays
- summation of points at the endorsed selection carnivals (water + beach) .

Points will be awarded for the top 6 places. Points for endorsed selection carnivals will be awarded as such 1st =6 pts, 2nd= 5 pts , to 6th=1pt.

**34-36 ALEXANDRA PDE,
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